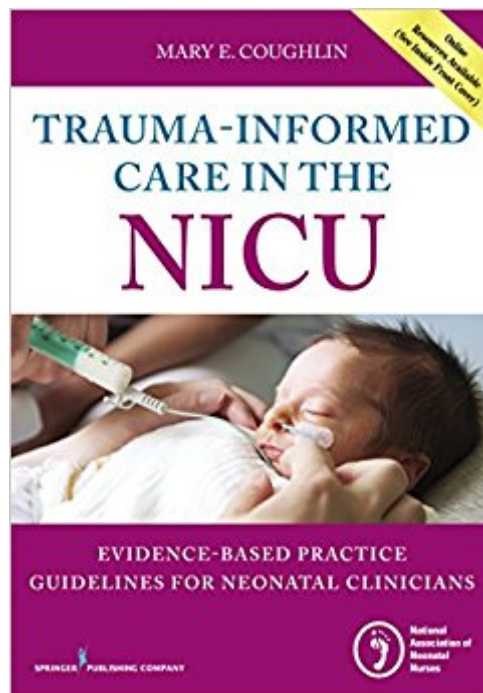


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# Trauma-Informed Care In The NICU: Evidenced-Based Practice Guidelines For Neonatal Clinicians



## Synopsis

Written for neonatal nurses and NICU clinicians, this innovative book provides evidence-based guidelines and clinical practice recommendations that have been proven to mitigate the trauma experience of the hospitalized infant–family dyad. Including updated, evidence-based, age-appropriate care core measure attributes and criteria, these in-depth guidelines transform the NICU culture of care for measurable and sustainable results. Featuring the latest scientific research to support and explain the best practice recommendations and clinician and parent resources, the text outlines implementation strategies to support the adoption of trauma-informed, age-appropriate care in the NICU. The text reflects a growing awareness of the impact of early life adversity on the developing human being in the NICU. Substantiated by the converging multidisciplinary research on the science of human development, the provision of trauma-informed care in the NICU reduces the strain on the hospitalized infant and family. With endorsements by respected transdisciplinary neonatal clinicians, this text provides guidelines that encompass the five core measures for age-appropriate care, including the healing environment, pain and stress, protected sleep, activities for daily living, and family collaborative care. The book also features downloadable sample competencies, algorithms, and parent teaching guides, along with additional e-learning modules for continuing nursing education. A self-assessment checklist, allowing the rating of current practice related to the core measures for age-appropriate care, adds to the book's utility.

**KEY FEATURES:** Provides clinically relevant, evidence-based practice guidelines aimed at minimizing the trauma experience of the hospitalized neonate and family  
Presents evidence-based updates to the five core measure sets for age-appropriate care in the NICU  
Introduces proven implementation strategies to facilitate practice transformation  
Offers downloadable sample competencies, algorithms, parent teaching guides, and e-learning modules with CE credit  
Reviewed and endorsed by transdisciplinary neonatal clinicians

## Book Information

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## Customer Reviews

Mary E. Coughlin, MS, NNP, RNC-E, is an inspirational speaker, motivational coach, and transformational consultant. With a clinical background that spans more than 30 years, Ms. Coughlin is the internationally recognized expert in the field of trauma-informed, age-appropriate care in the neonatal intensive care unit (NICU). Ms. Coughlin is a graduate of Northeastern University, Boston, Massachusetts, where she received her baccalaureate and master's degrees in nursing. Following 7 years of active duty service in the U.S. Air Force Nurses Corps, Ms. Coughlin transitioned to civilian practice at the Brigham and Women's Hospital NICU in Boston, assuming roles as staff nurse, charge nurse, and neonatal nurse practitioner. After a 1-year interim faculty position, Ms. Coughlin realized her passion for education and currently provides multimodal continuing professional education for interdisciplinary neonatal clinicians aimed at translating evidence-based research into clinical practice for measurable results. She is a published author and keynote speaker for national and international conferences.

Very good writer, excellent information - a must read for professionals!

Mary has brought the latest research and clinical care practices together in a highly readable and relevant reference for the NICU clinician. Her realistic treatment of cost analysis for implementing state of the art care supports staff to engage with administrators to support their practice. A must read for all NICU professional staff, and specifically NICU mental health staff.

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